

FIFO: How Mobile Apps are the First In, First Out Solution to Advancing the United Nation's SDGs

Elizabeth Saunders

Interdisciplinary Studies Thesis Presentation
with advisors Dr. Mahendran Velauthapillai and Dr. William Hahn

Presented on May 1st, 2024

AGENDA

- Introduction
- Part 1: Collect (Natural Cycles)
- Part 2: Connect (Empower)
- Part 3: Protect (MeetingMaker)
- Part 4: Affect (Politicking)
- Conclusions

INTRODUCTION

Why the SDGs?

INTRO

COLLECT

CONNECT

PROTECT

AFFECT

CONCLUSION



INTRO

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AFFECT

CONCLUSION

TRAVERSE CITY, MICHIGAN



INTRO

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PROTECT

AFFECT

CONCLUSION

TRAVERSE CITY, MICHIGAN



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AFFECT

CONCLUSION

WHY THE SDGS?



photos from Emily Falconer's blog, www.goglobalgoals.com

“Do all the good you can,
By all the means you can,
In all the ways you can,
In all the places you can,
At all the times you can,
To all the people you can,
As long as ever you can.”

JOHN WESLEY
founder of the Methodist church

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HISTORY OF THE SDGS

MDGs **2000**

Millennium Development Goals (MDGs) were established to tackle poverty and other development priorities. The MDGs focused on measurable objectives such as reducing:

- **extreme poverty,**
- **improving access to education and healthcare, and**
- **combating diseases like HIV/AIDS.**

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Need for a more comprehensive and ambitious agenda

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SDGs 2015

The process of designing the SDGs was informed by a three-year-long transparent and participatory process that included consultations with stakeholders from around the world. The goals and targets were agreed upon by member states in August 2015, and the 2030 Agenda for Sustainable Development was officially adopted.

THE 17 SDGS

- 1.) No Poverty
- 2.) Zero Hunger
- 3.) Good Health & Well-being
- 4.) Quality Education
- 5.) Gender Equality
- 6.) Clean Water & Sanitation
- 7.) Affordable & Clean Energy
- 8.) Decent Work & Economic Growth
- 9.) Industry, Innovation, & Infrastructure
- 10.) Reduced Inequalities
- 11.) Sustainable Cities & Communities
- 12.) Responsible Consumption & Production
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CALCUSAVER

INTRO

COLLECT

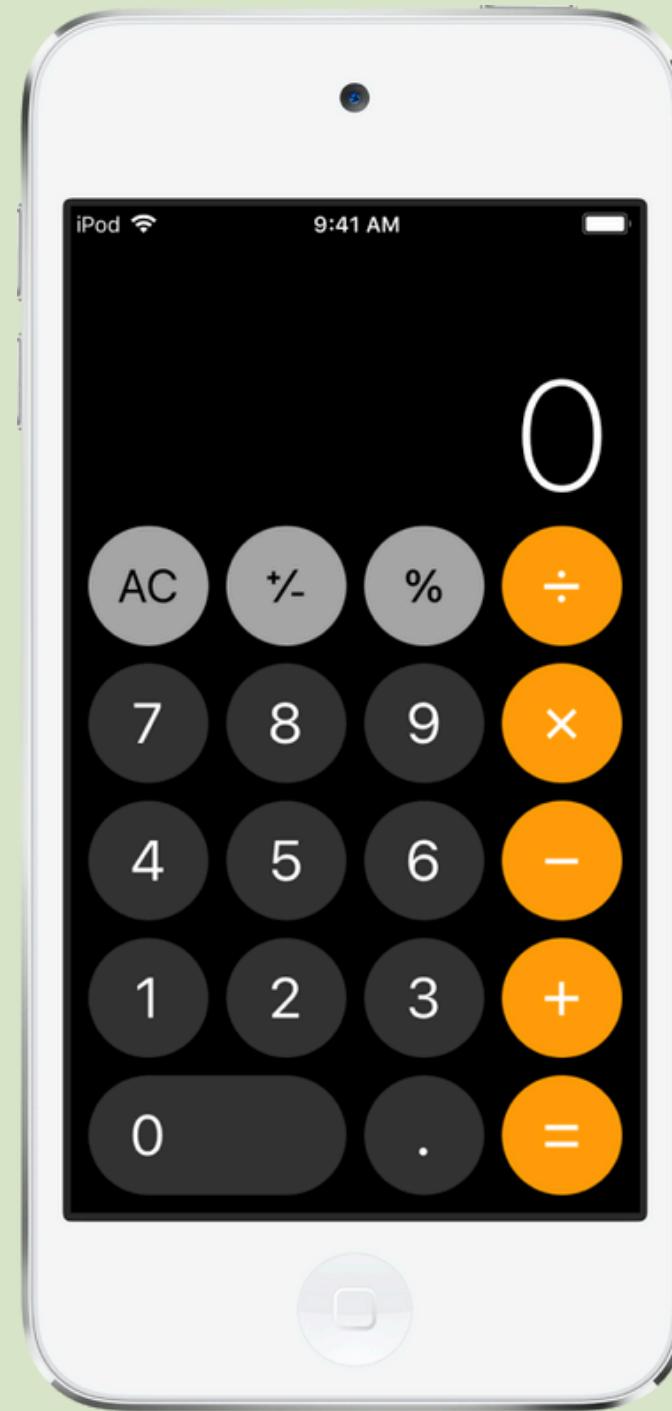
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CALCUSAVER



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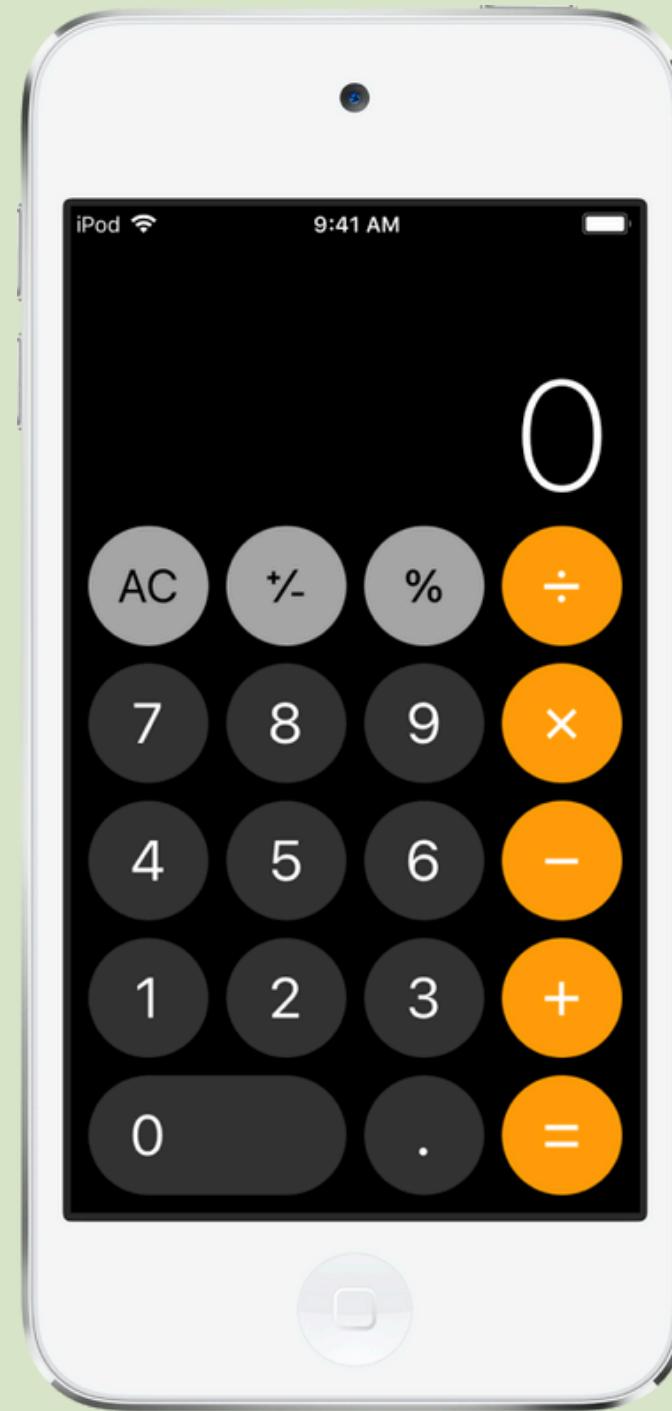
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CALCUSAVER



User inputs their

- **Name**
- **Emergency Contact's Phone Number**
- **Calculator Code**

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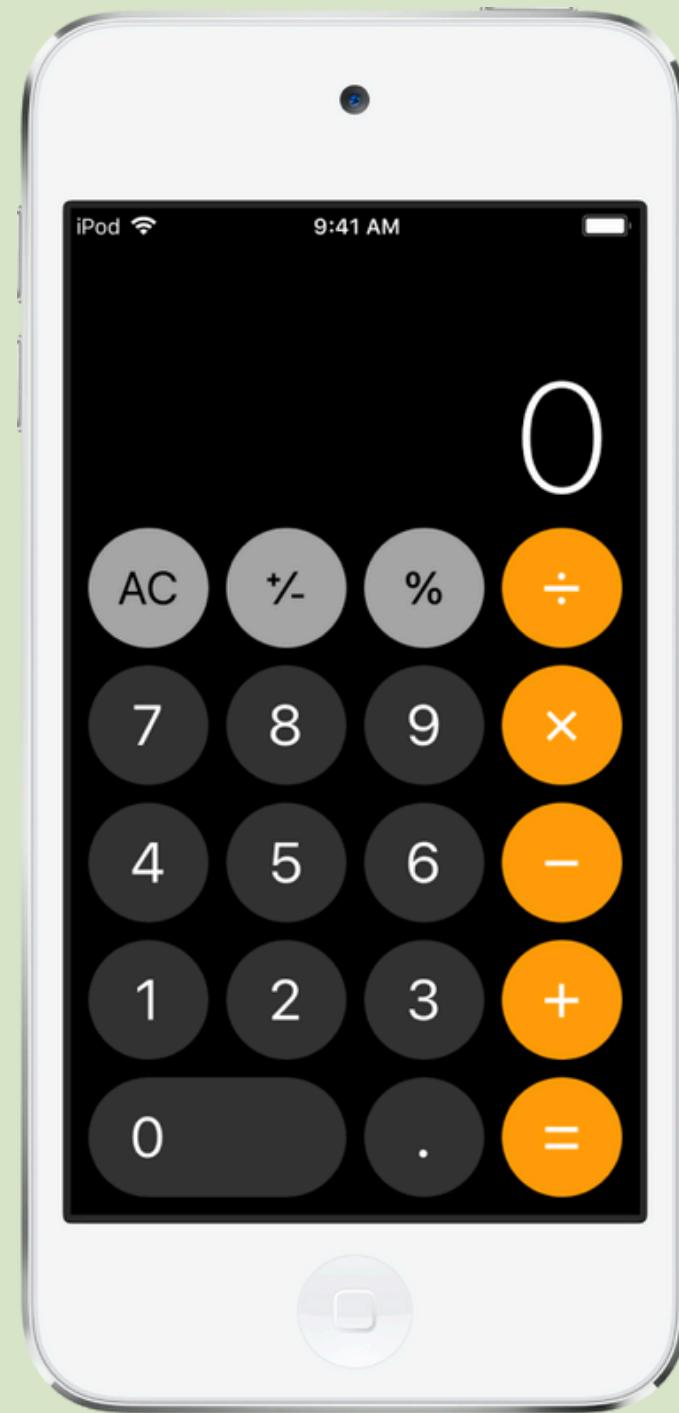
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CALCUSAVER



User inputs their

- **Name**
- **Emergency Contact's Phone Number**
- **Calculator Code**

**When the calculator's output equals
their calculator code, an emergency
message is sent to the user's emergency
contact.**

CALCUSAVER



photos from my Dad

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These SDGs
are powerful!

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Need for a more comprehensive and ambitious agenda

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HISTORY OF THE SDGS

Need for a more comprehensive and ambitious agenda

SDGs 2015

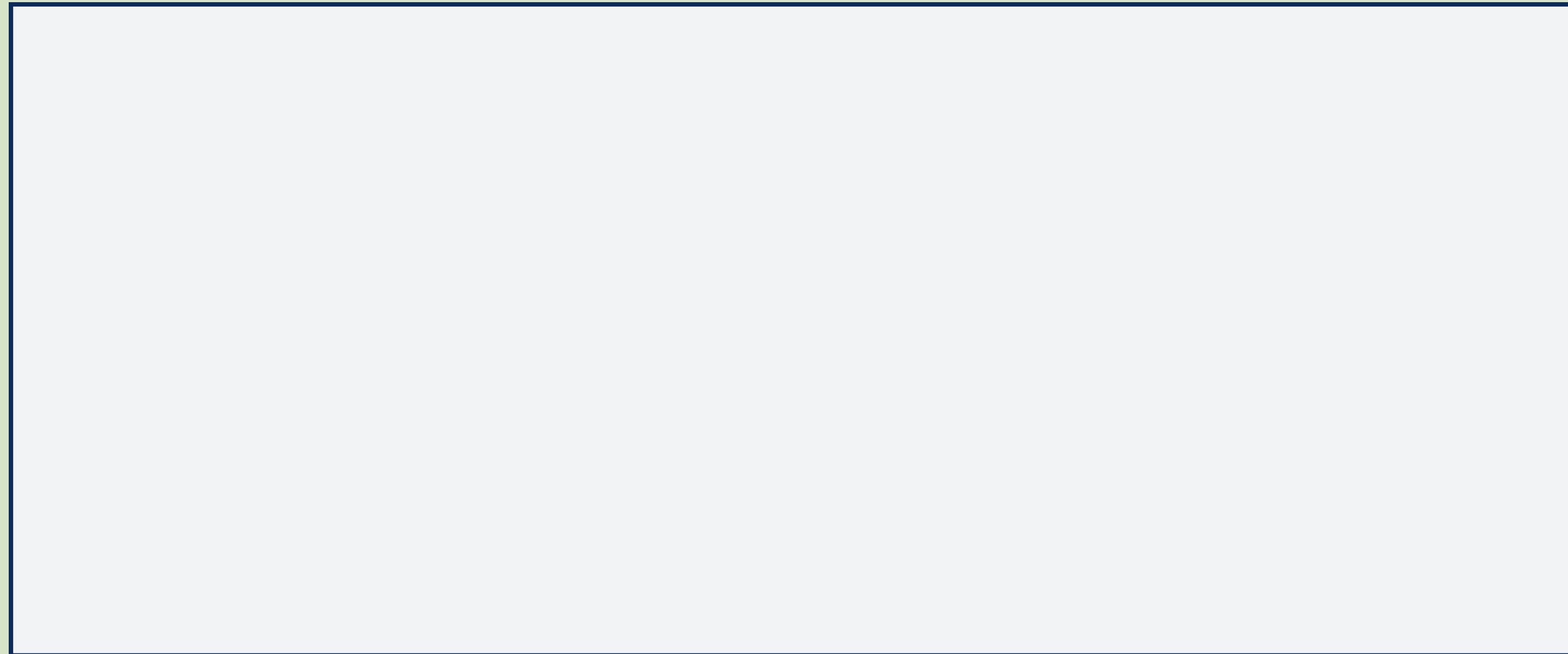
The process of designing the SDGs was informed by a three-year-long transparent and participatory process that included consultations with stakeholders from around the world. The goals and targets were agreed upon by member states in August 2015, and the 2030 Agenda for Sustainable Development was officially adopted.

These goals do an excellent job of providing room for:

entrepreneurs,
developers, and
changemakers

to explore, interpret, and expand the meaning of sustainability within the private sector.

THESIS



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THESIS

Mobile app technology should and can be used to implement the United Nations Sustainable Development Goals to complement current initiatives of the program

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Mobile app technology should and can be used to implement the United Nations Sustainable Development Goals to complement current initiatives of the program **through tech's ability to connect, collect, protect, and affect.**

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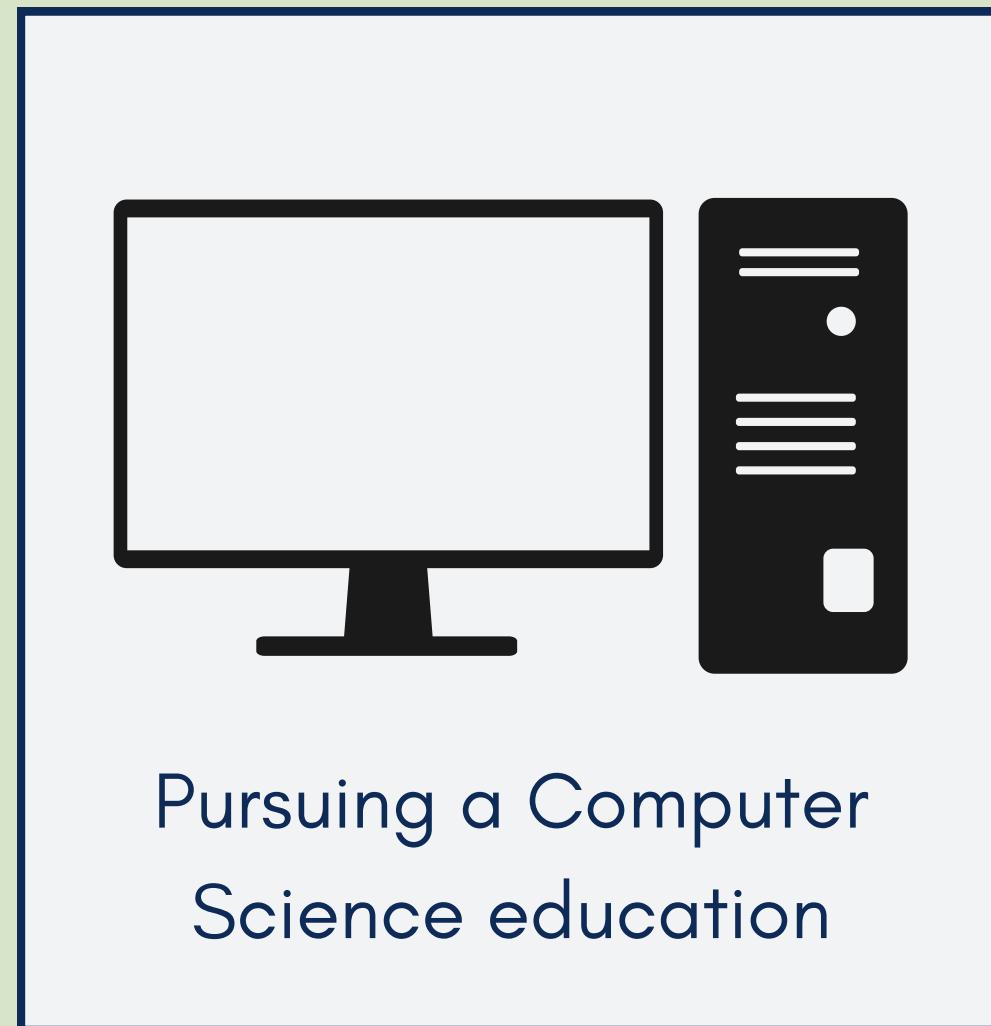
CONNECT

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CONCLUSION

COMING TO GEORGETOWN



Fall 2020



**The Final Project in COSC 051
with Dr. Clay Shields was to
design a database for a made
up food bank.**

COMING TO GEORGETOWN



Pursuing a Computer
Science education

Fall 2020

Significant amount of
food insecurity and
food waste in the DC
area.



Fall 2021

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COMING TO GEORGETOWN



Pursuing a Computer
Science education

Fall 2020

Significant amount of
food insecurity and
food waste in the DC
area.



On-Campus Solution:
The “Free Food On
Campus” GroupMe

Fall 2021

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COMING TO GEORGETOWN



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Science education

Fall 2020

Significant amount of
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On-Campus Solution:
The “Free Food On
Campus” GroupMe

fall 2021
This Group me:
CONNECTS Students
COLLECTS food

PROTECTS the safety of the community

AFFECTS change to both food insecurity and food waste

INTRO

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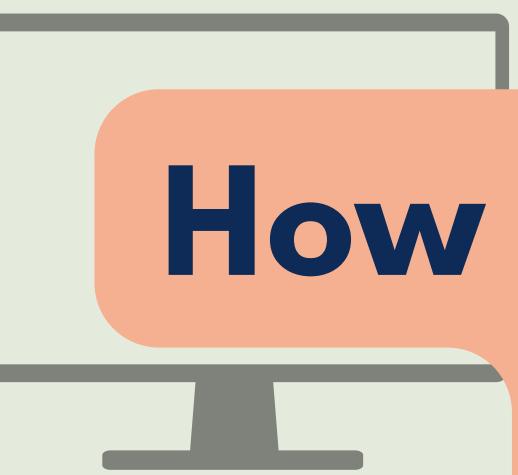
COMING TO GEORGETOWN

**How could I apply what I am learning
to outside the classroom?**

Pursuing a Computer
Science education

Fall 2020

Significant amount of
food insecurity and



Campus Solution:
Free Food On

Campus" GroupMe

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SURVEYING THIS GEORGETOWN GROUP CHAT IN FALL 2021

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SURVEYING THIS GEORGETOWN GROUP CHAT IN FALL 2021

67.7% of respondents **confidently** believe that the food on the group chat is of quality.

69.5% of respondents frequently use this chat to get food.

76% of the food respondents consumed were perishable items.

85% of respondents check the group chat at least once a day.

*288 respondents from the 2,215 Total GroupMe Population (studied from 11/2/21 - 11/6/2021)

peak enrollment in group chat for the 2021-2022 school year = 4,000+

“Do all the good you can,
By all the means you can,
In all the ways you can,
In all the places you can,
At all the times you can,
To all the people you can,
As long as ever you can.”

JOHN WESLEY
founder of the Methodist church

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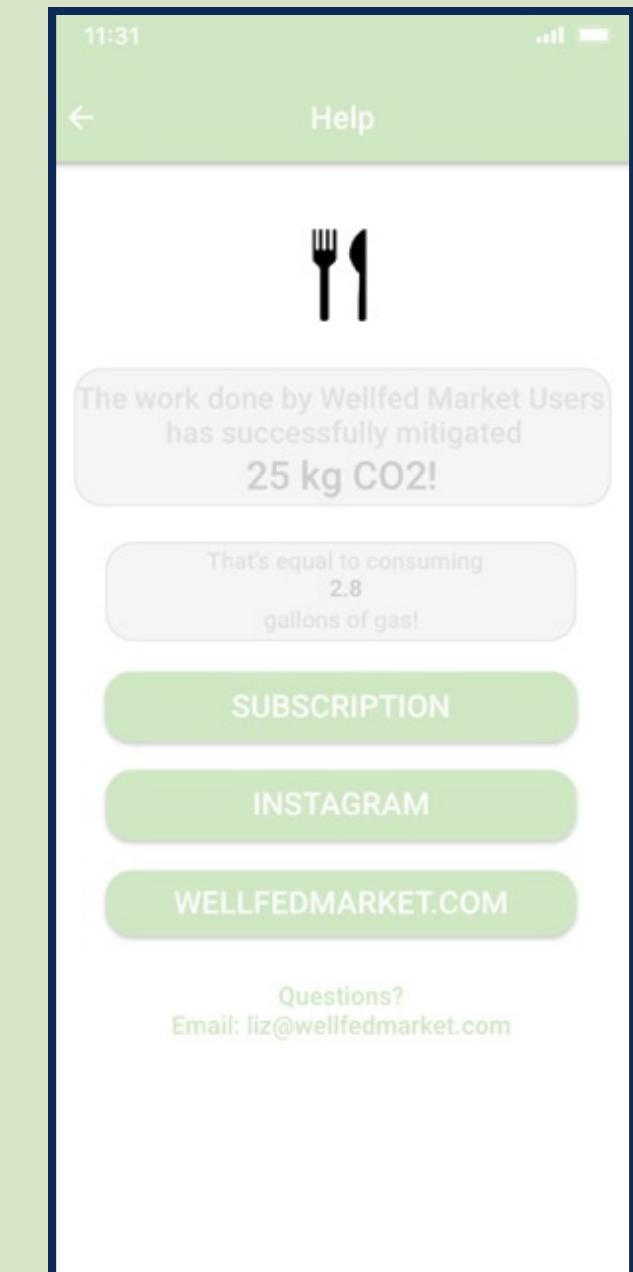
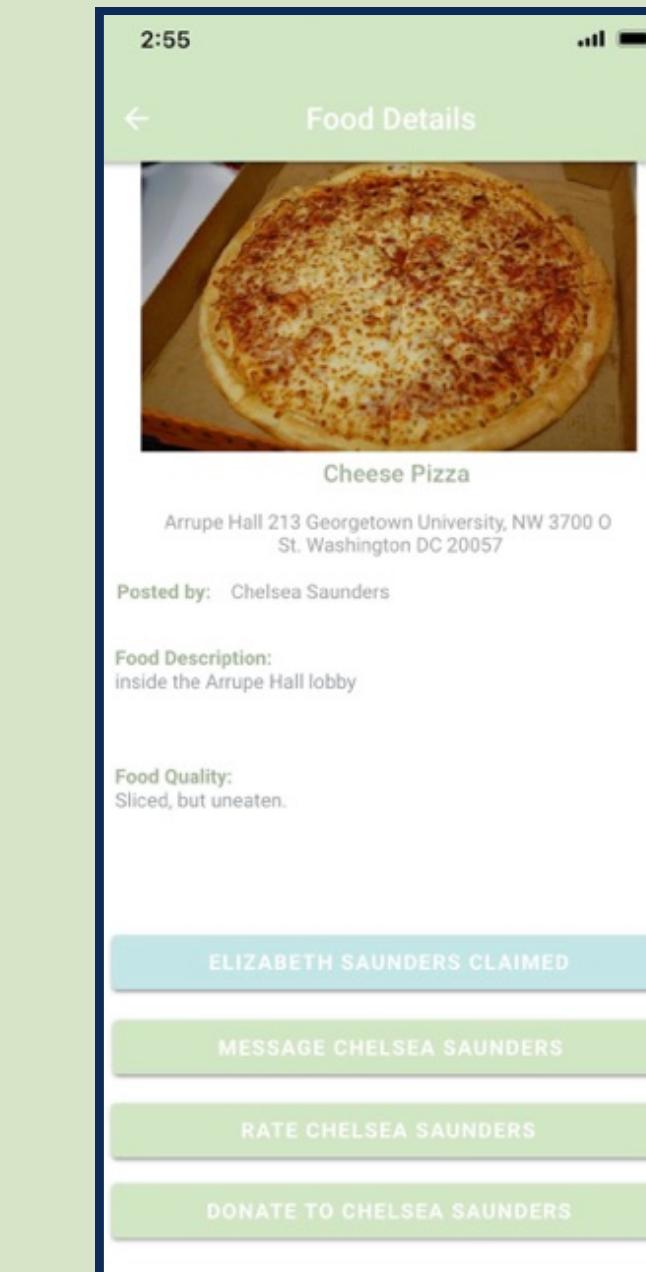
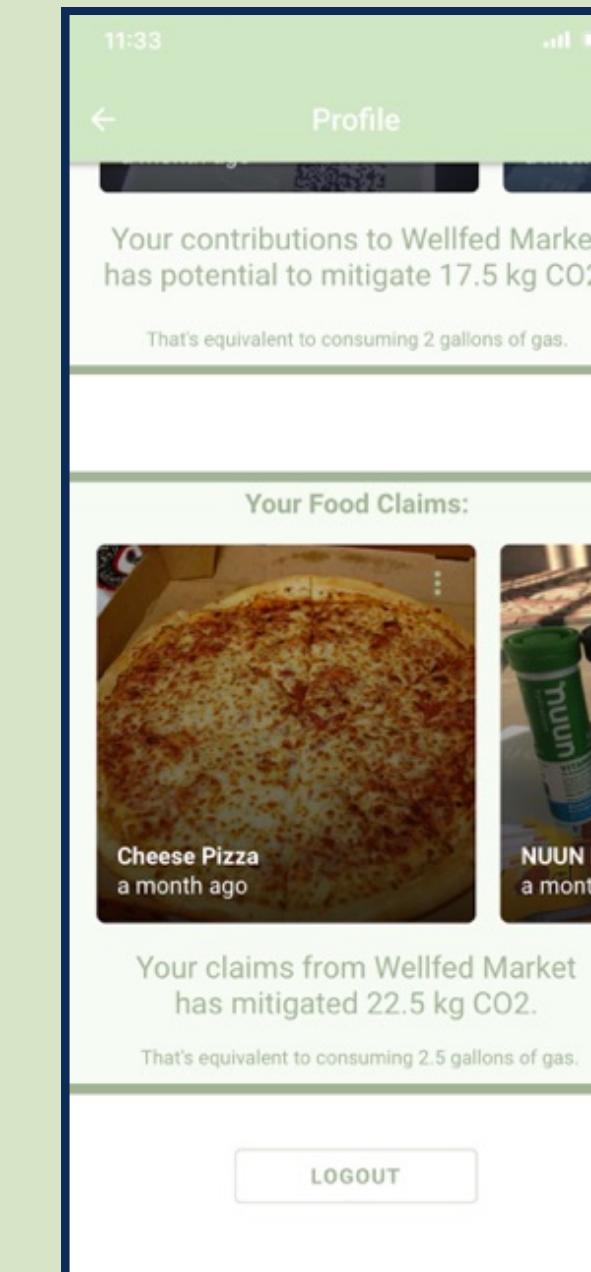
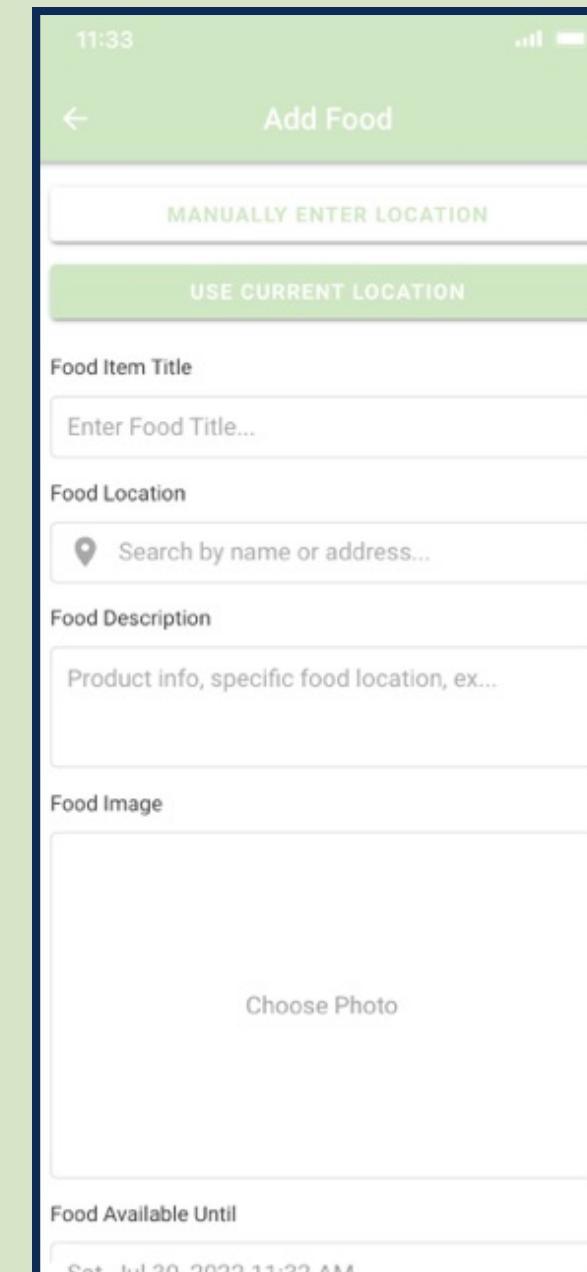
CONNECT

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WELLFED MARKET



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THESIS

Mobile app technology should and can be used to implement the United Nations Sustainable Development Goals to complement current initiatives of the program through tech's ability to connect, collect, protect, and affect. **Moreover, these technological solutions are most effective when implemented as FIFO (First In, First Out) solutions; meaning the future of sustainability relies beyond singular technological solutions and exists in additional collaborative, creative, and community-based measures.**

INTERDISCIPLINARY STUDIES - CS VS. CS



Computer Science



Culinary School

INTRO

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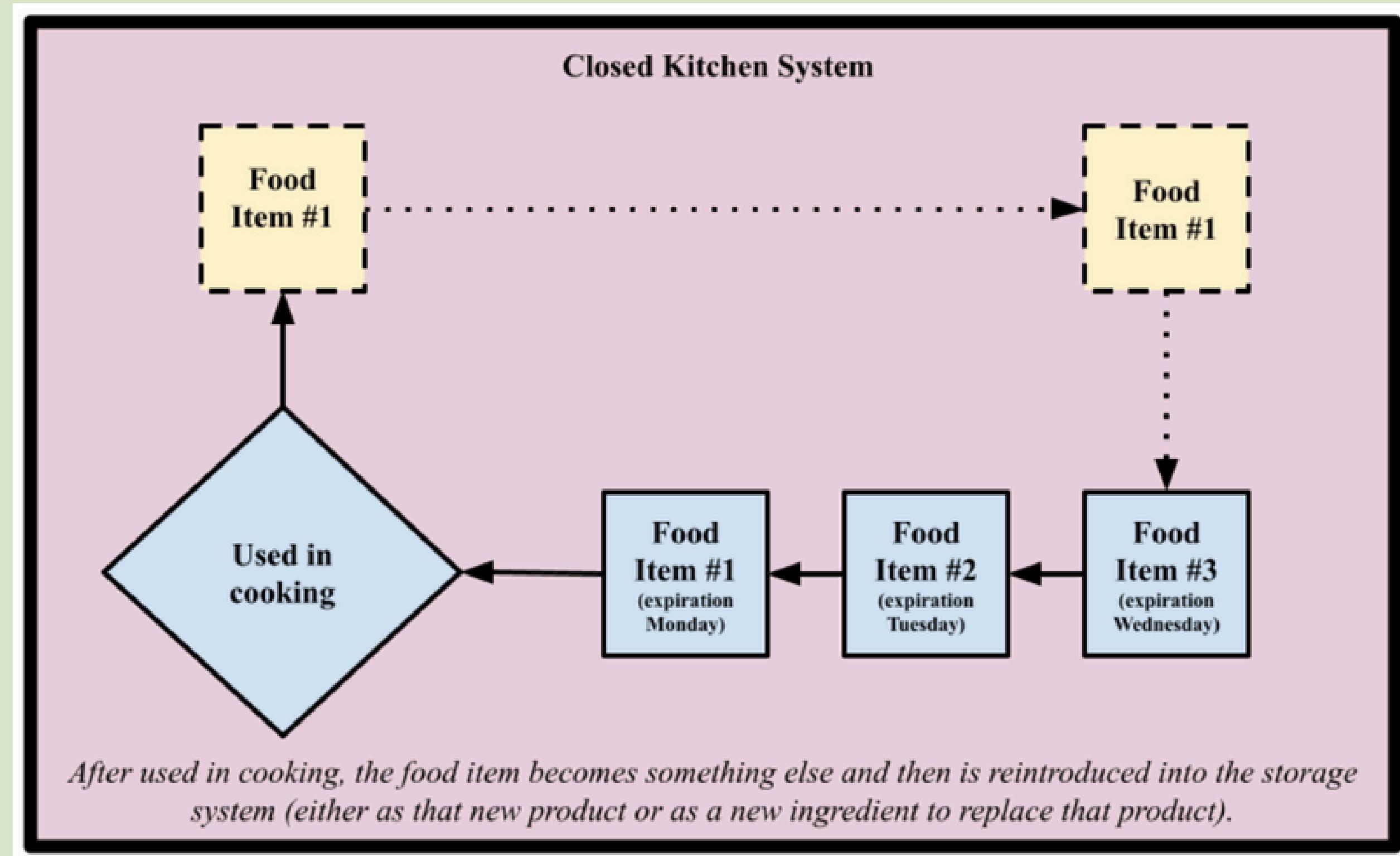
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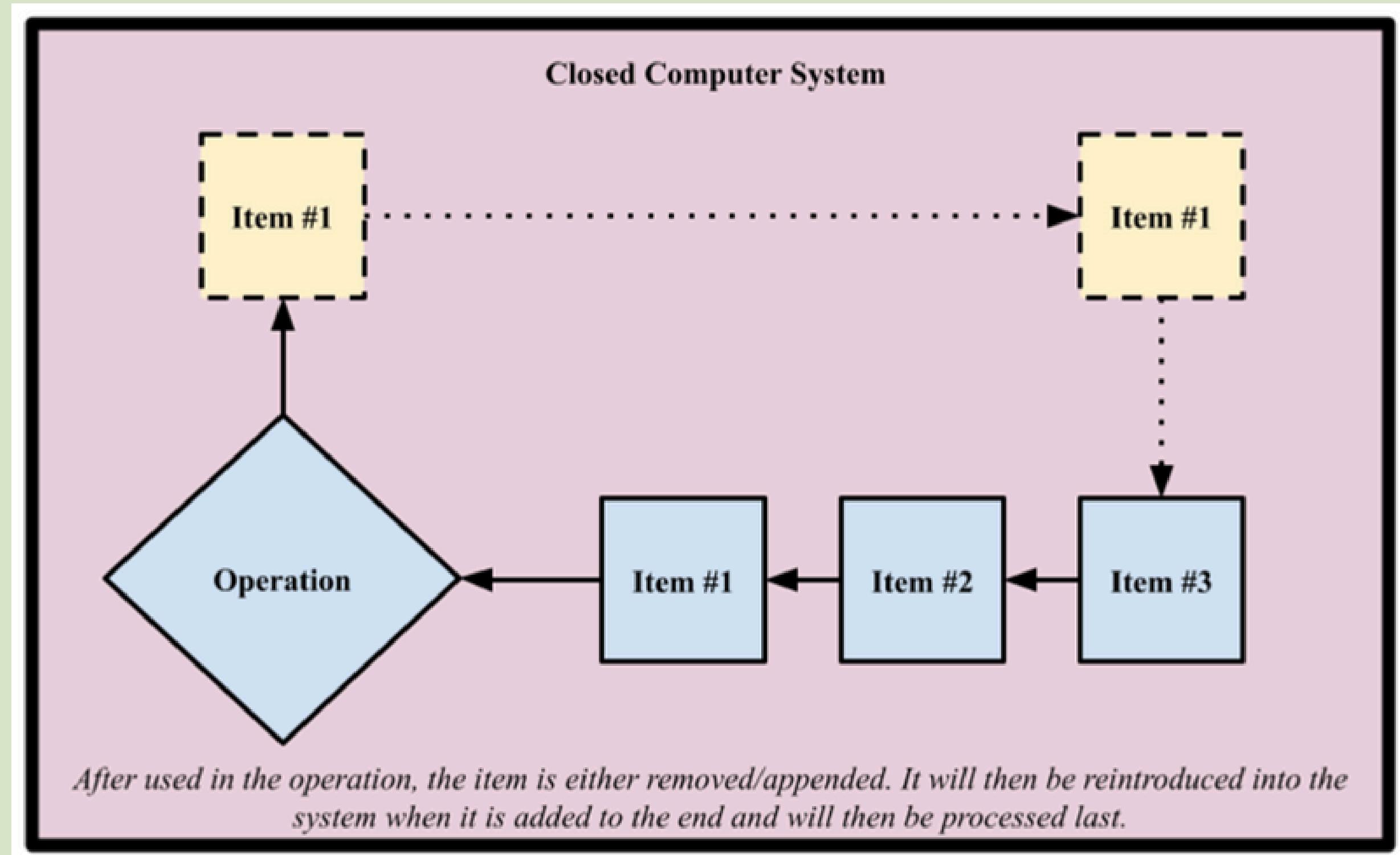
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CONCLUSION

FIFO (CULINARY SCHOOL)



FIFO (COMPUTER SCIENCE)



“Technology has the shelf
life of a banana.”

SAM MCNEALY
CEO AND CO-FOUNDER OF SUN MICROSYSTEMS

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“By the time you buy it,
implement it, and train
people on it, it’s obsolete.”

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DEFINING SUSTAINABILITY

“Meeting the needs of the present without compromising the ability of future generations to meet their own needs.”

UNITED NATIONS

INTRO

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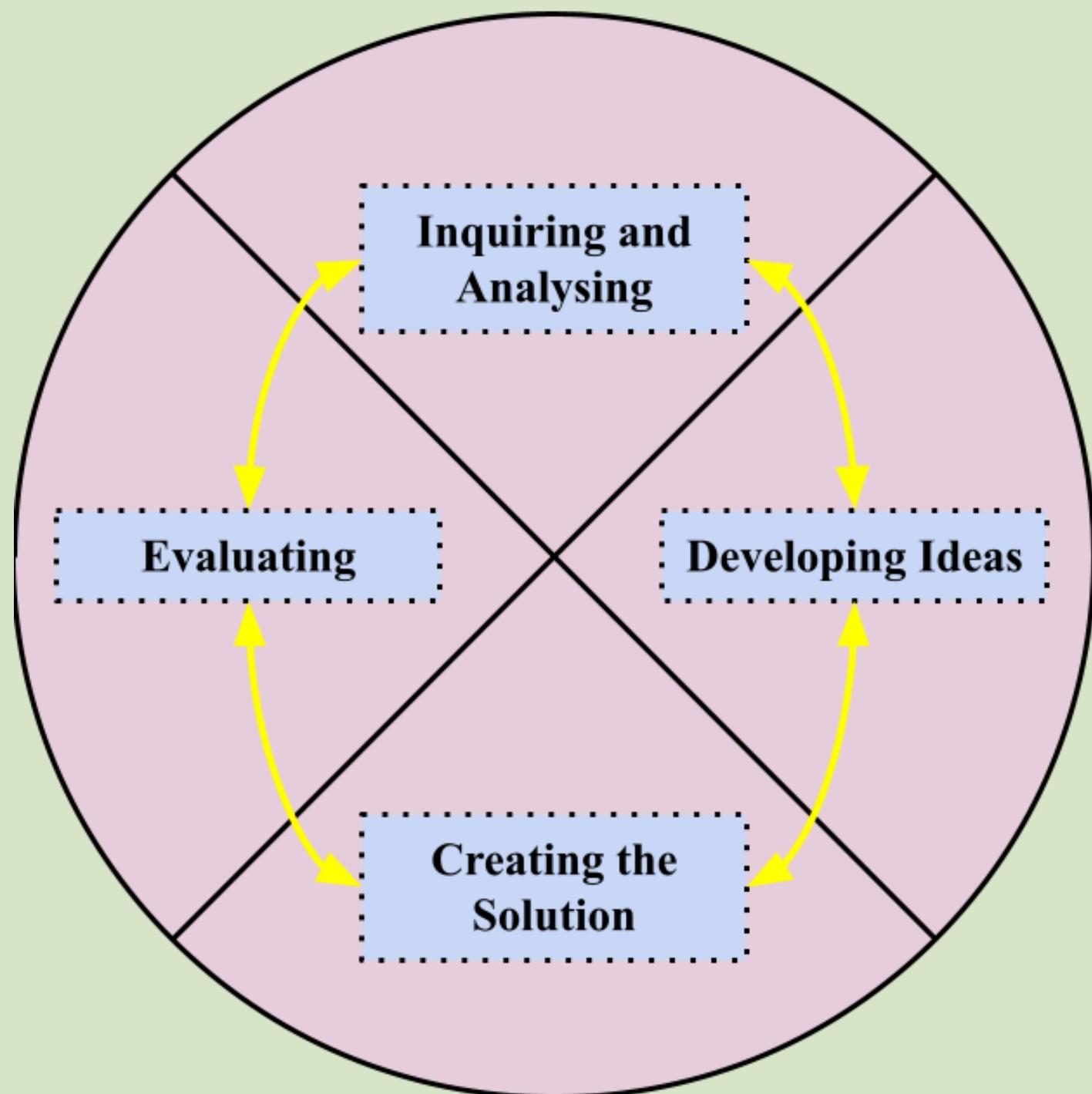
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The Design Cycle



INTRO

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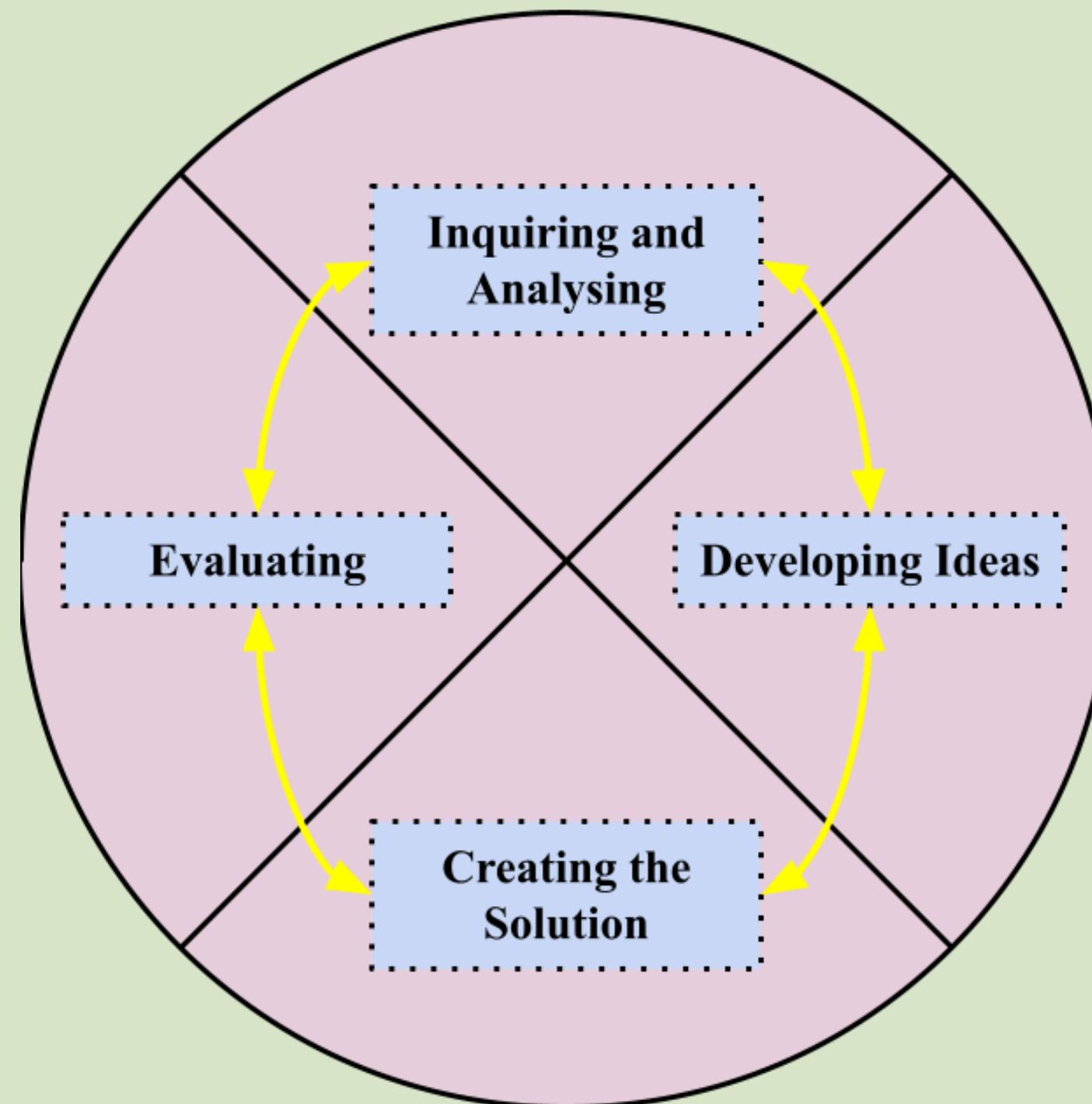
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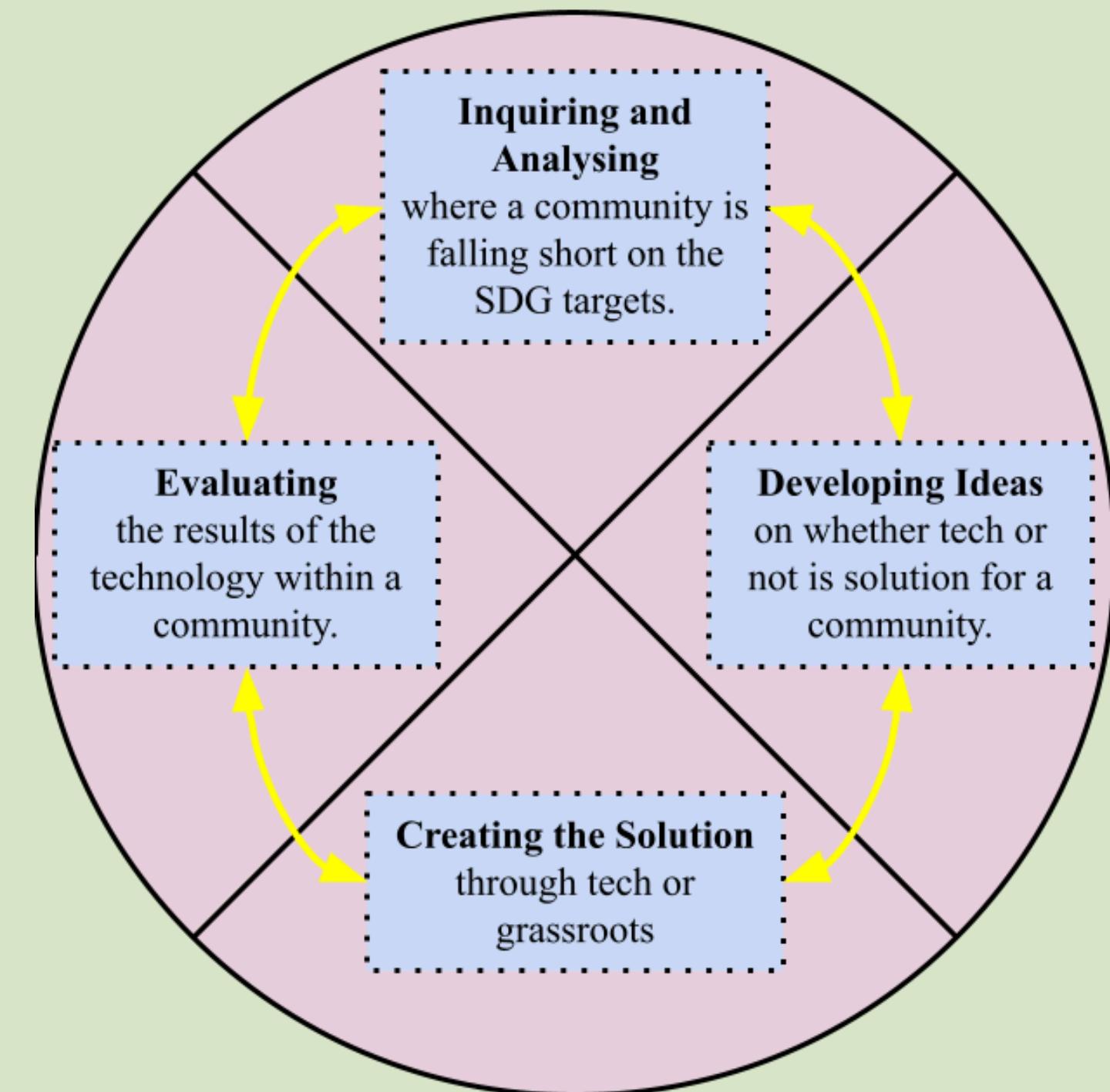
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The Design Cycle



The Design Cycle (SDG-specific)



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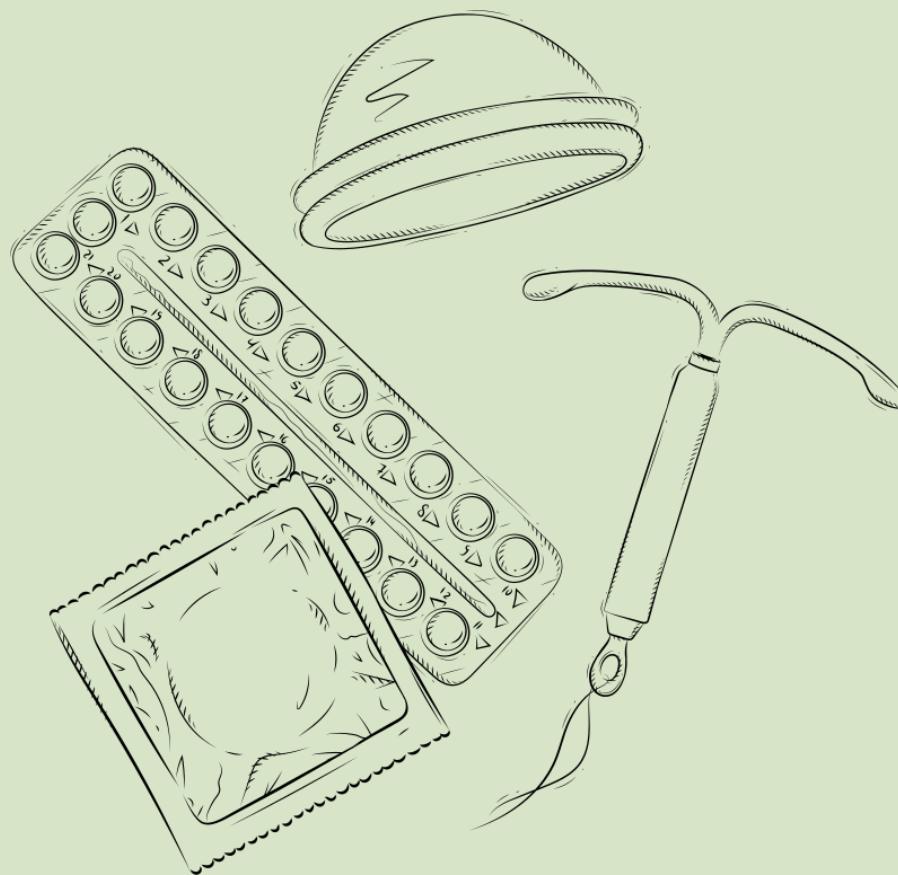
CONCLUSION

MOBILE APPS
COLLECT

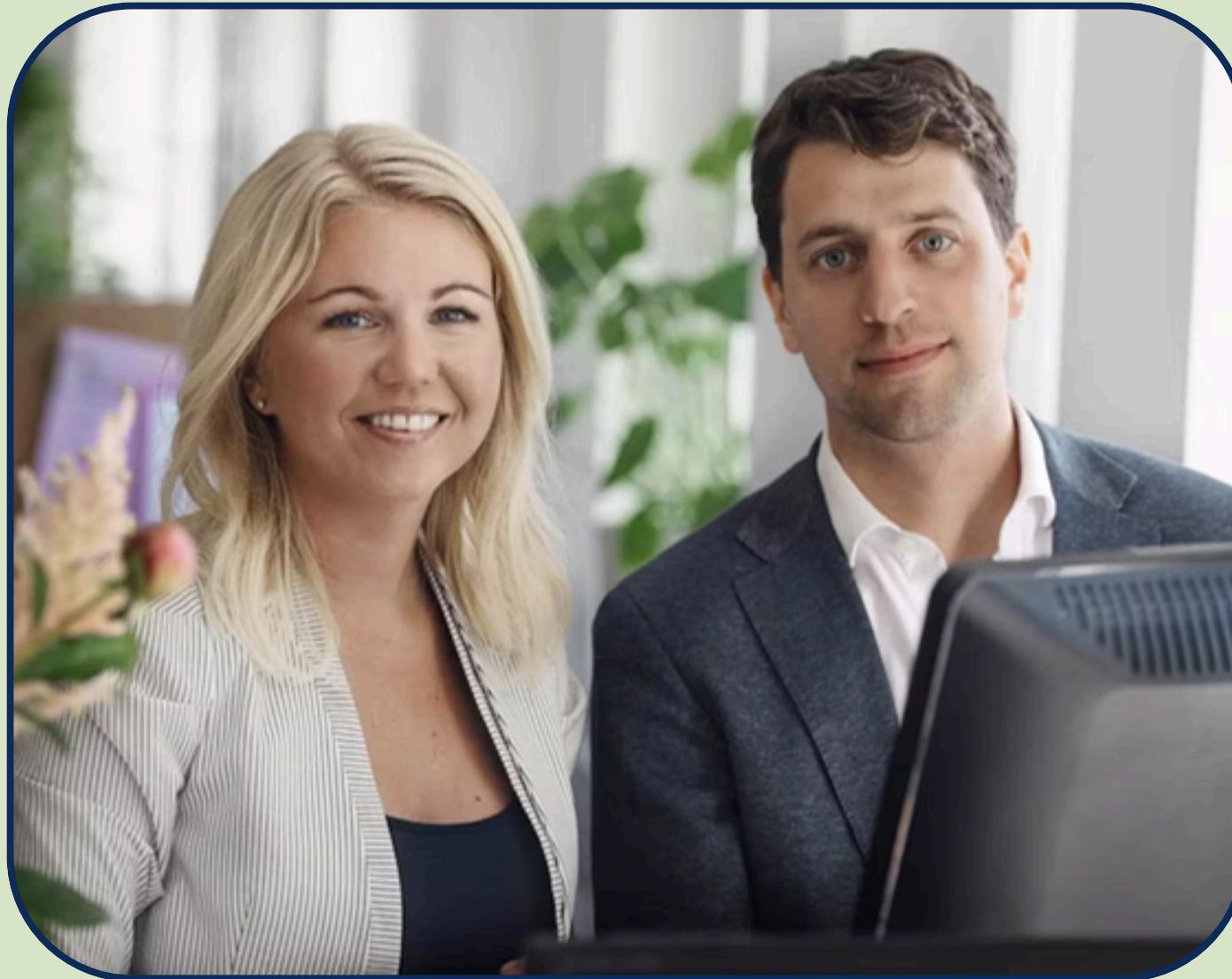
PART 1

THE PROBLEM

Accessibility to birth control.



NATURAL CYCLES



**Dr Elina Berglund and her
husband, Dr Raoul Scherwitzl
*Natural Cycles Founders***



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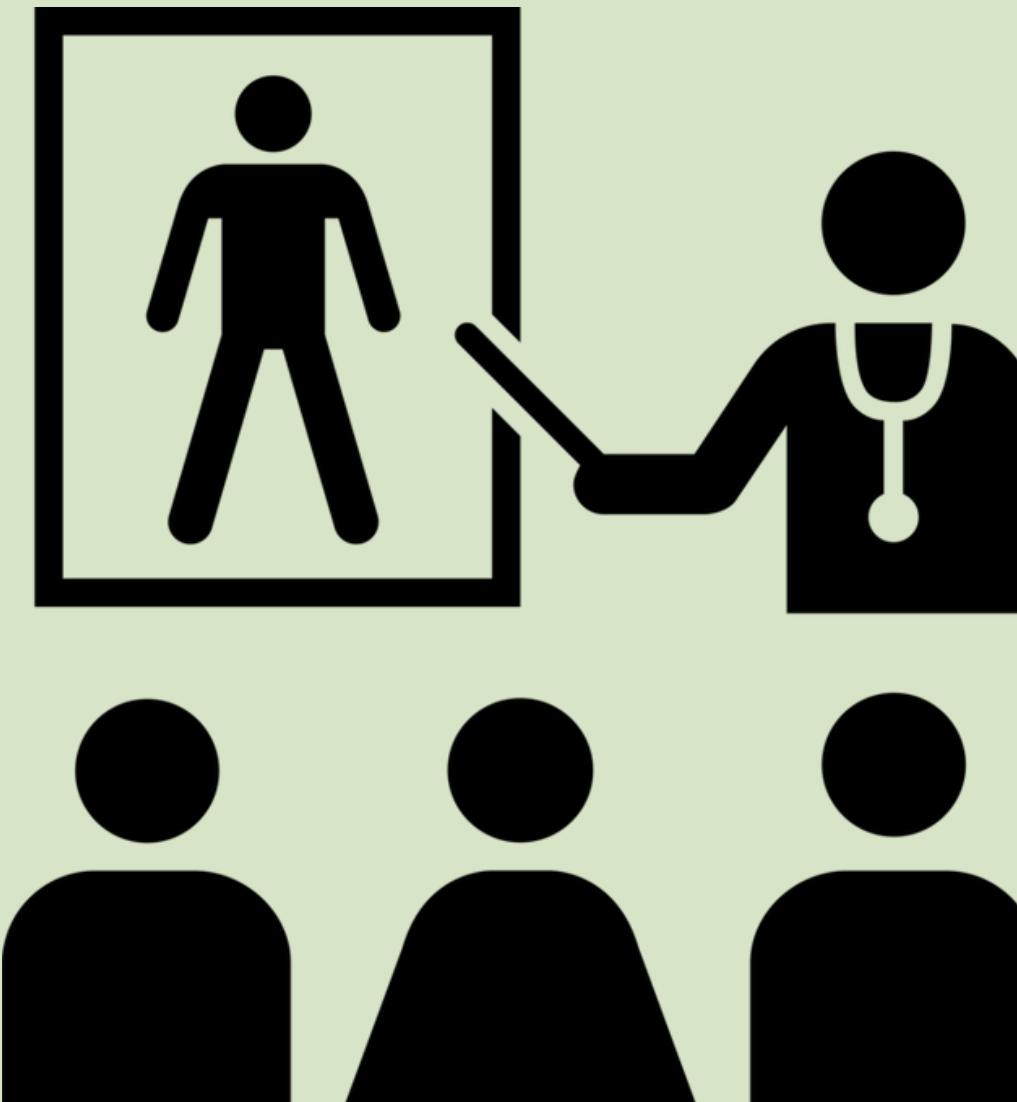
AFFECT

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FIFO APPLICATION



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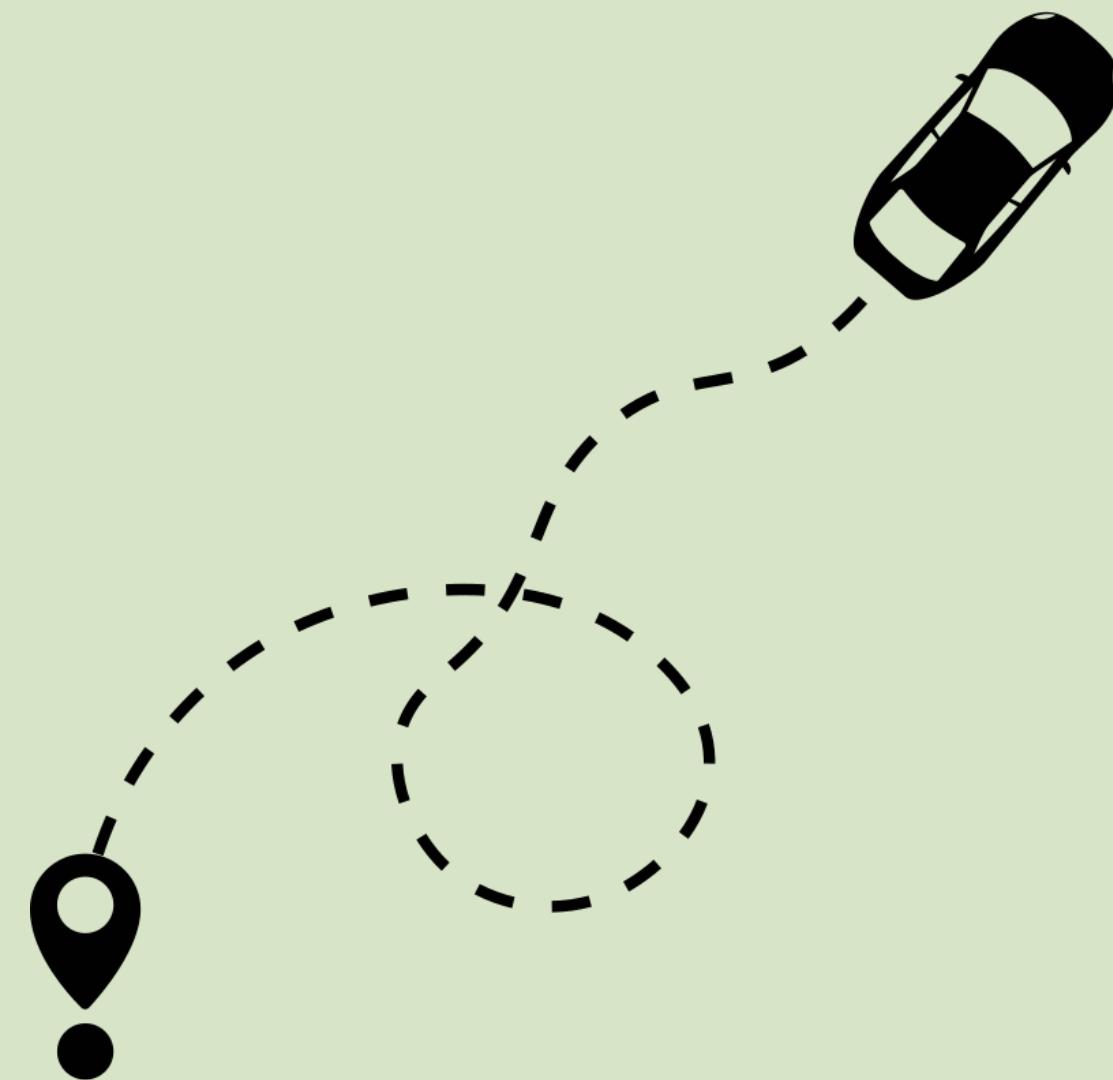
CONCLUSION

MOBILE APPS
CONNECT

PART 2

THE PROBLEM

Empowering rideshare drivers.



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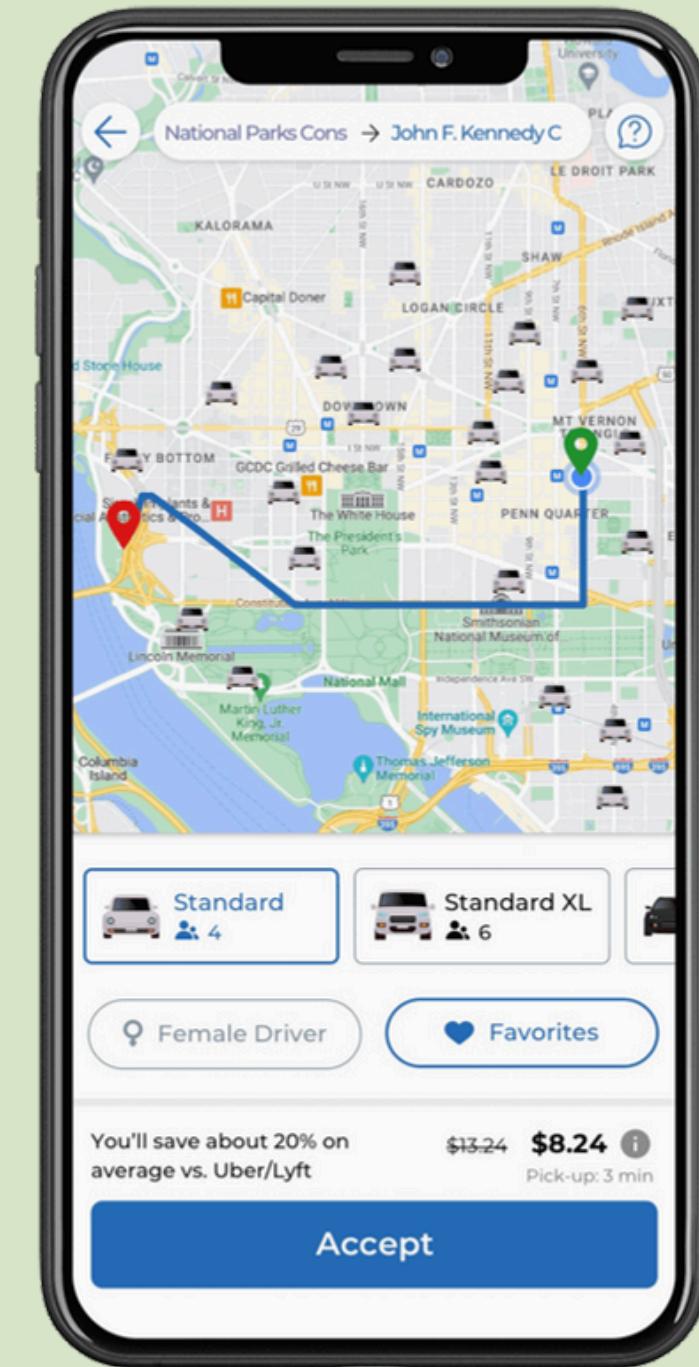
AFFECT

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EMPOWER



Joshua Sear
Empower Founder



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FIFO APPLICATION

“Technology is best when it
brings people together.”

MATT MULLENWEG
WORDPRESS FOUNDER

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MOBILE APPS PROTECT

PART 3

THE PROBLEM

Accountability in addiction recovery.



INTRO

COLLECT

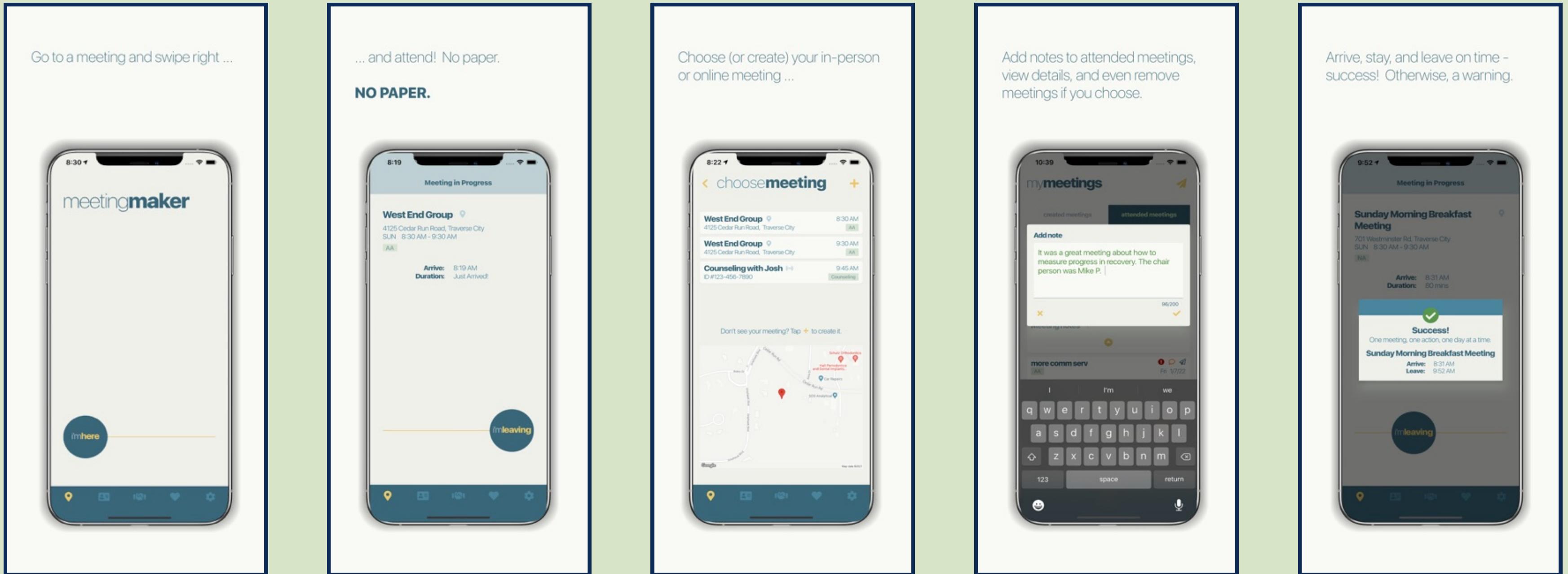
CONNECT

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MEETING MAKER



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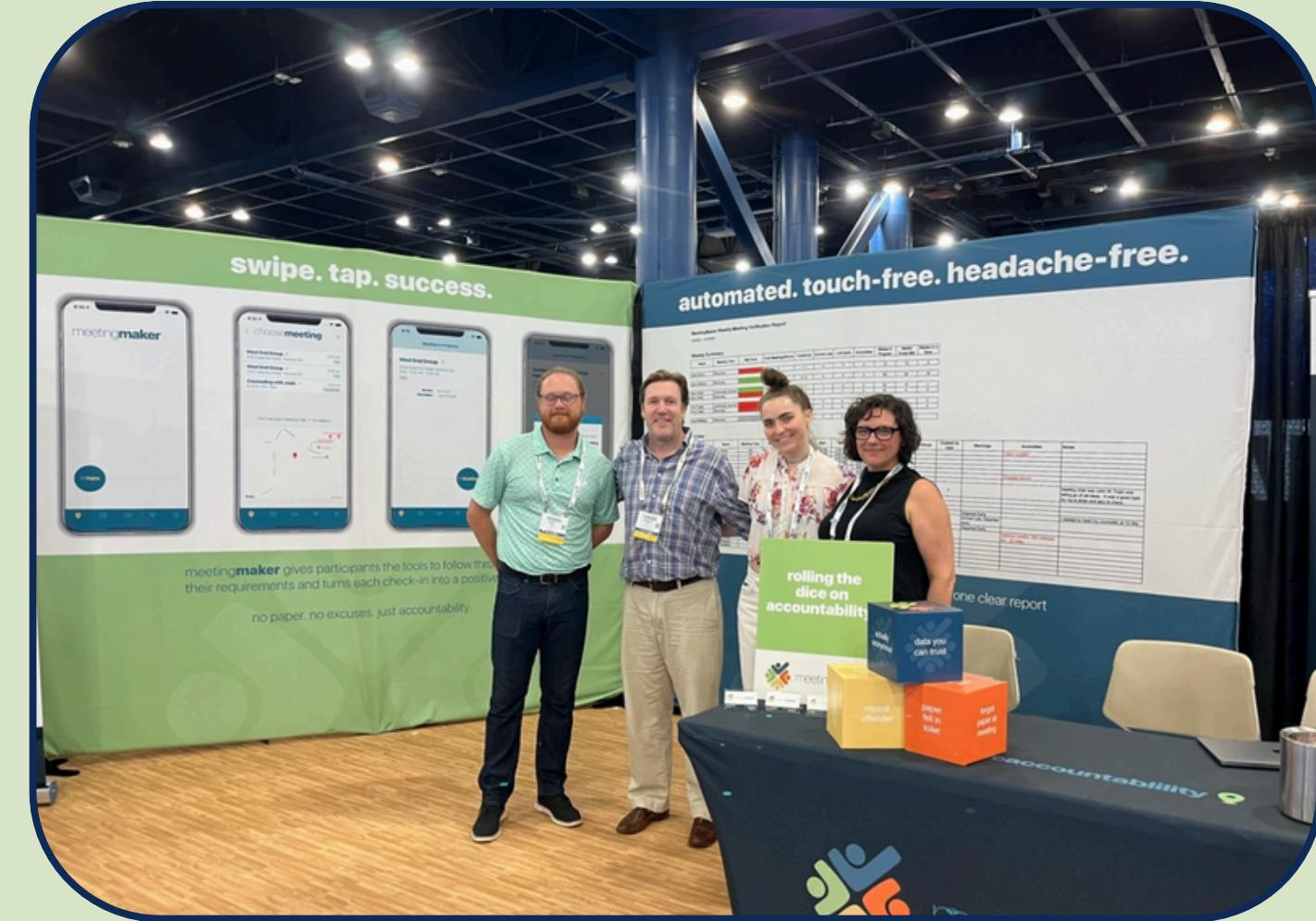
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FIFO APPLICATION

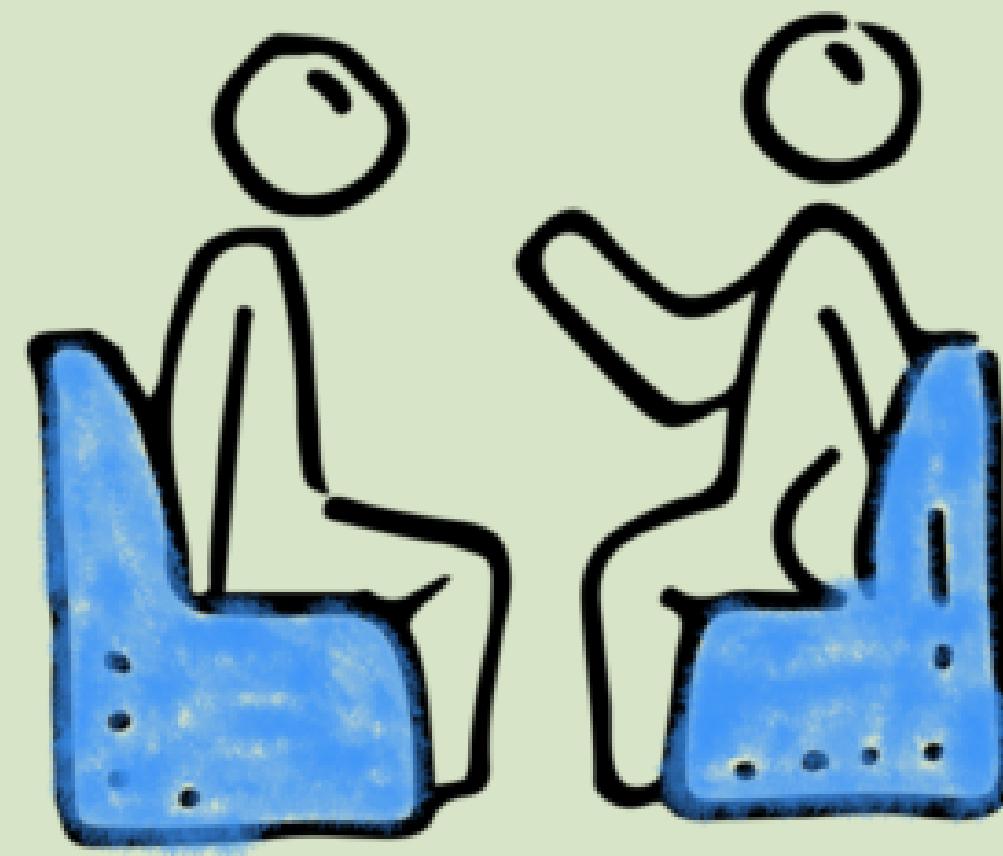


Jodie Schanhals
MeetingMaker Founder



Me and the MeetingMaker team at the
Rise23 Conference in Houston, Texas (2023)

FIFO APPLICATION



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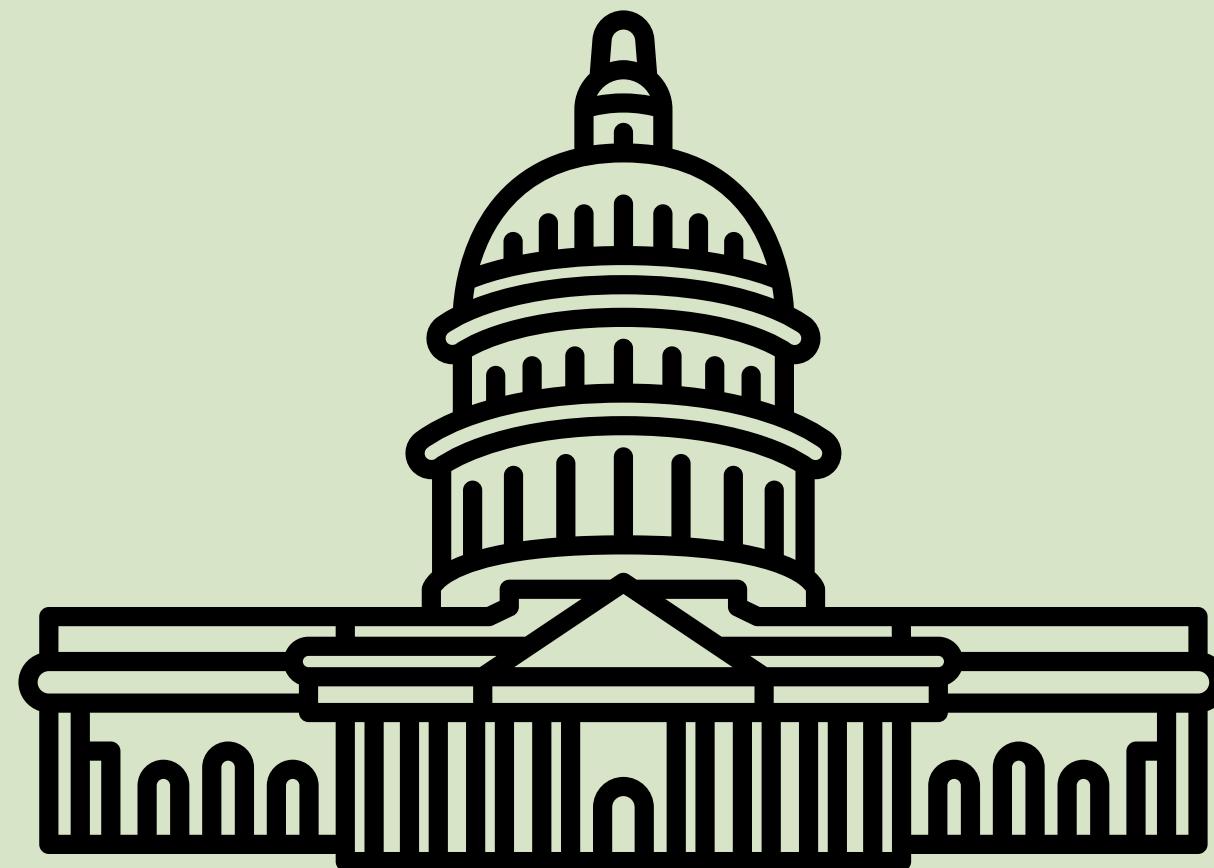
MOBILE APPS

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PART 4

THE PROBLEM:

Educating and mobilizing voters.



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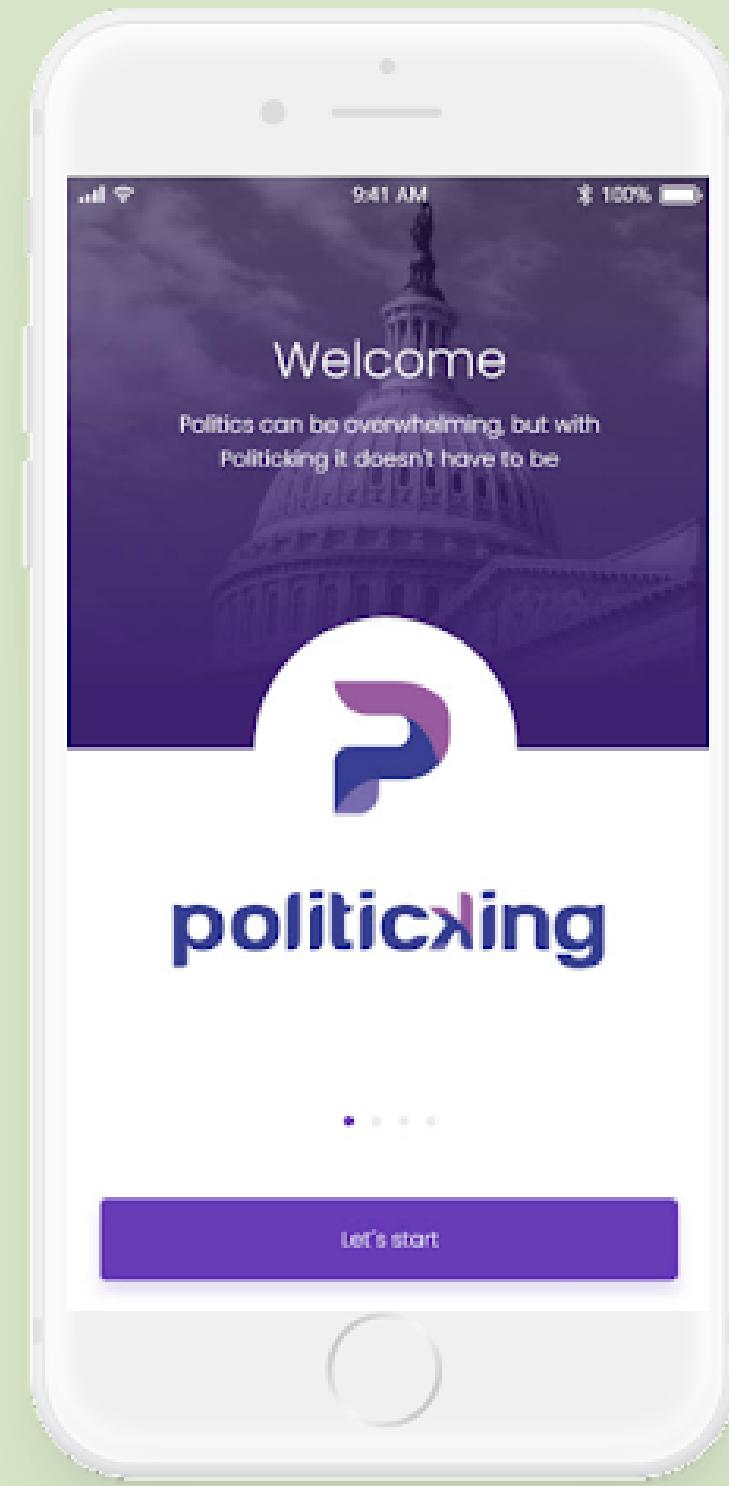
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POLITICKING



Wen-kuni Ceant
Politicking Founder



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FIFO APPLICATION

TECH'S ABILITY TO AFFECT CHANGE REMINDS ME OF THE QUOTE:

“The most important thing about technology is that it changes people.”

JARON LANIER
COMPUTER SCIENTIST

INTRO

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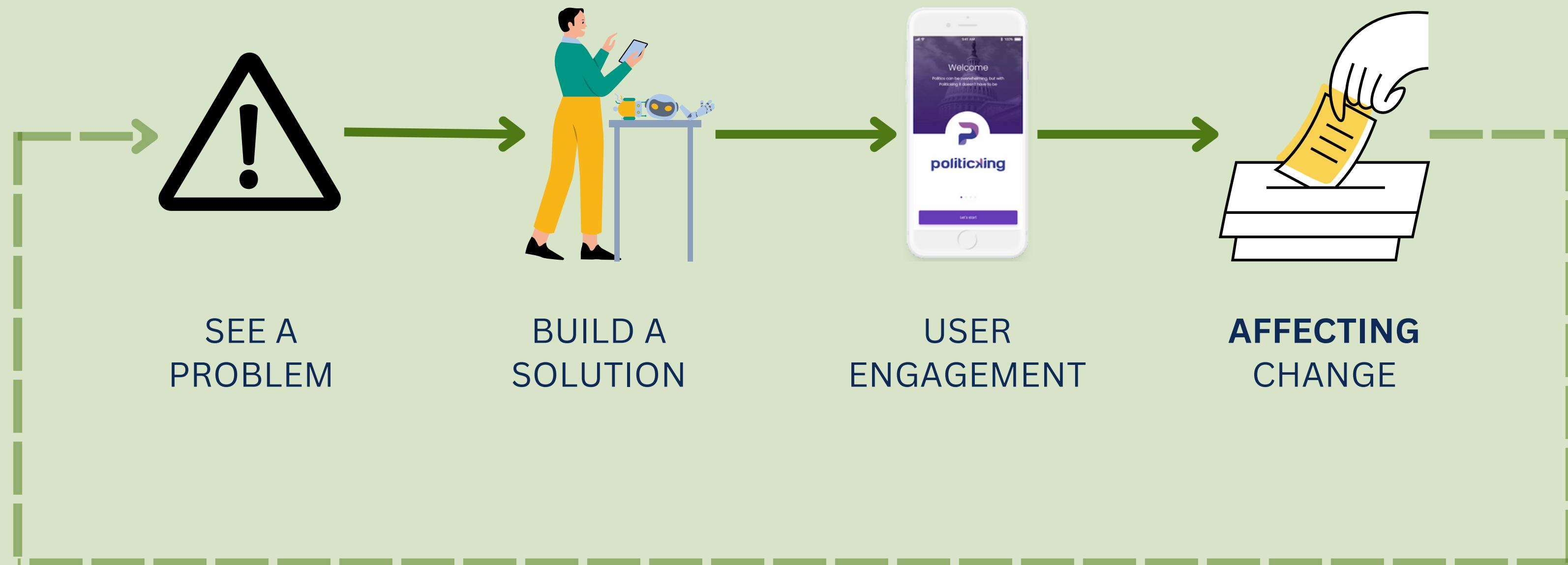
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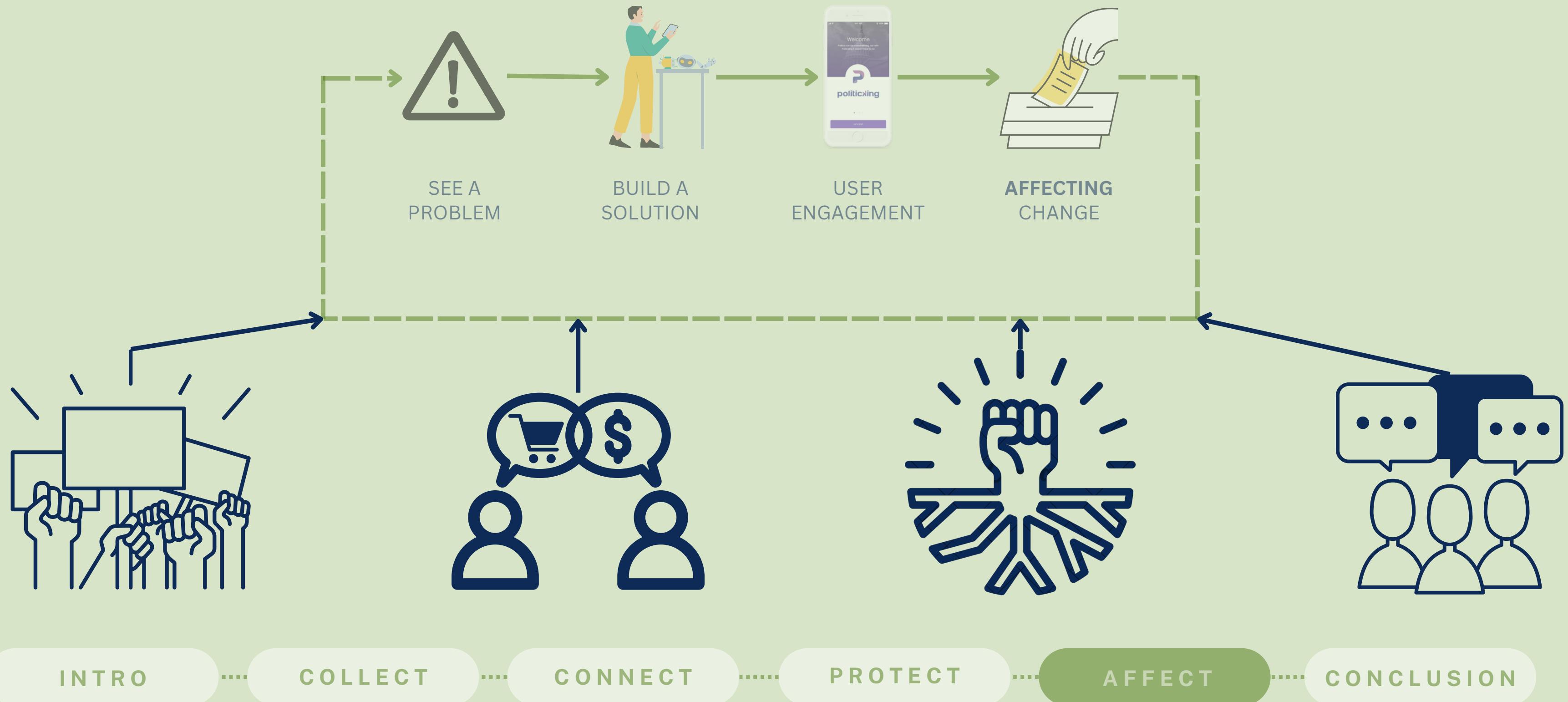
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FIFO APPLICATION



FIFO APPLICATION



CONCLUSIONS

DEFINING SUSTAINABILITY

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UNITED NATIONS

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founder of the Methodist church

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CU Boulder's Interdisciplinary Engineering Program (ATLAS).

Sko Buffs!

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Thank you!

I WELCOME ANY QUESTIONS

ACKNOWLEDGEMENTS:

THANK YOU DEAN COOK, PROFESSOR MAHE, PROFESSOR HAHN, AKIL, CAS, MSB, SAFE, STIA, AND MY INCREDIBLY SUPPORTIVE FRIENDS & FAMILY!